DRAVET SYNDROME FOUNDATION SPAIN

Pocket card: during a seizure

For carers who are not health professionals. Print both pages double-sided, flipping on the long edge. Fill in the back from their emergency protocol, cut along the lines and, if you can, laminate it. 112 is the emergency number throughout the EU; elsewhere, call the local number.

DURING A SEIZURE — DRAVET SYNDROME

1. Note the time. Protect them without holding them down; turn them on their side.
2. At 5 minutes, or sooner if their protocol says: rescue medication.
3. 112 if still going on about 10 minutes after rescue medication, or if breathing is not normal.
4. Afterwards: on their side, stay by their side. Tell the family.

Never: nothing in the mouth, no holding down, never alone.

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Back

Fill in these details from their emergency protocol before cutting out and laminating.

THEIR DETAILS

Name _____

Rescue medication _____

Dose _____ at ____ min

Family phone _____

112 EMERGENCY

Dravet Syndrome Foundation Spain
dravetfoundation.eu

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